

# **The Haven Project:**

## **Positive about Personality Disorder**

- A condition brought on by abuse and trauma in childhood.
- Leaves deep scars and can result in self-destructive behaviour.
- Self-harm and suicide attempts are common.

## **A Place of Hope & Inspiration.**

- Heals the deep trauma.
- Supports recovery.
- Is there for people in crisis.

## **A community that achieves:**

- Outstanding wellbeing outcomes.
- Reduction of stigma and improved social impact.
- Social inclusion and sense of responsibility.
- 0.33 % suicide rate (8-10% national average).
- 80% reduction in A&E attendance and unplanned hospital admission.

## **What will your money do for a Haven client?**

- Just £5 gives access to a crisis prevention call and could stop someone from self-harm or worse.

- Just £15 give access to recovery groups which helps people improve the way they cope with intense emotions
- Just £35 will enable someone to address the deeper issue related to their abuse so that real deep healing can begin.

**Each of these has lifesaving and life changing potential.**

**The money you give makes a BIG difference and is very cost effective.**

**You want to check us out?**

**Come and visit call**

**01206 572215**

REMEMBER A CHARITY  
IN YOUR WILL  
Help the work live on...



IMAGINE:  
FINDING A PLACE WHERE SOMEONE LISTENS  
WHERE SOMEONE UNDERSTANDS  
WHERE THERE ARE REAL FRIENDS  
WHERE THERE IS FREEDOM TO RECOVER  
WHERE THERE IS HOPE TO GET BETTER  
WHERE THERE IS SOMEONE WHO CARES

## The Haven Project

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<https://www.facebook.com/personalitydisorderimagineif/>

<https://www.giveasyoulive.com/>

<https://www.easyfundraising.org.uk>



*giftaid it*

“POSITIVE ABOUT  
PERSONALITY  
DISORDER”